## **HOURS OF OPERATION**

Monday, Wednesday, Friday 6-7:30 pm (Elementary) Monday Wednesday& Friday7:30—9 pm (Middle & High School) Tuesday & Thursday 5—9 pm (Adult Fitness) Saturday 10 am—2 pm

## November 2016



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## William Wells Brown Community Center

548 E. Sixth Street | Lexington, Kentucky 389-6678 | www.lexingtonky.gov/parks Jill Chenault Wilson, Center Director jwilson@lexingtonky.gov

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## Monday Happy Thanksgiving

**Adult Wellness** Weight Room 5-9p University of Kentucky **Nursing Students Cancer** Awareness Workshop Yoga 6p

Tuesday

Weight Room 5-9p Sports Games 6-7:30p Arts & Crafts 6p Open Court HS 7:30-9p

Wednesday

**Adult Wellness** Weight Room 5-9p Walking Club 6p Zumba 7p

Thursday



10 **Adult Wellness** Weight Room 5-9p Walking Club 6p Adult Coloring Book Club6p Zumba 7p

Friday

Step Team Meeting 6p William Wells Brown **Anniversary of Death** WWB Pride Day Games/ Treats 7p Open Ct MS/HS 7:30p

11 Weight Room 5-9 pm Sports Games 6 -7:30pm Youth Eating Healthy/ Cooking Club 6p Step Practice 6-7:30p Open Court MS/HS 7:30p Teen Time 7:30p



Saturday



Sports Games 6-7: Jewels/Girl's Grp ,6p Open Court MS/HS 7:30p

Weight Room 5-9pm

Adult Wellness Weight Room 5-9p Kettle Bells 6p



Weight Room 5-9p Sports Games 6-7:30p Arts & Crafts 6p Open Ct MS/HS 7:30-9p

Weight Room 5-9p

Arts & Crafts 6-7p

Sports Games 6-7:30p

Open Ct MS/ HS 7:30-9p

Adult Wellness Weight Room 5-9p Walking Club 6p Zumba 7p



18 Weight Room 5-9 p Sports Games 6-7:30 Youth Eating Healthy/ Cooking Club 6p Step Practice 6-7:30p Open Court Middle School 7:30—9 pm Teen Time 7:30pm

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**Health Literacy Day American Diabetes Association Event** 10am-1PM Give a ways, Food Tasting Door Prizes Weight Room 10a-1:30PM

Weight Room 5-9p Sports Games 6-7:30p Jewels/Girl's Grp 6 Open Ct MS 7:30-9p

**Adult Wellness** Weight Room 5-9p YOGA 6p Adult Cooking Class 7p



Weight Room 5-9p

22 Adult Wellness

PRE TURKEY BURN

(Mark, Jill, Maranda)

**Giveaways** 

Exercise, Recipes, Free

6-8pm

23 **Closed Thanksgiving** 



Happy Thanksqiving!

To you And your Family

25 Closed **Thanksgiving** 



26 **Closed Thanksgiving** 



21 Weight Room 5-9p Sports Games 6-7:30p Open Ct MS 7:30-9p Youth Thanksgiving Dinner 6-8pm

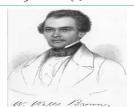


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**Adult Wellness Weight Room** Yoga 6p



Weight Room 5-9p Arts & Crafts 6-7p Open Ct MS/ HS 7:30-9p









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Weight Room 5-9p Sports Games 6-7:30p Girl's Group 6p **Brother to Brother** 7:30pm



30 Sports Games 6-7:30p